Cognitive Psychology (EXP 4680)

Christine L. Ruva, Ph.D.

COGNITIVE DEVELOPMENT **CHAPTER 13**

Thoughts About Infancy & Childhood

- A child is a curly, dimpled lunatic.
 - Ralph Waldo Emerson
- If only we could know what was going in a baby's mind while observing him in action, we could certainly understand everything there is to psychology.
 - Jean Piaget
- I would prefer to turn child-raising over to a specialist. I just can't believe that an ordinary parent can do a good job.
 - B. F. Skinner

METHODS OF STUDYING INFANT COGNITION

•	For a long time, thought cognitive abilities at birth & infancy were minimal:
	partly due to lack of
	• can't ask about perceptual experiences must be
•	How can we possibly know what a baby sees, hears, smells, and perceives when she can't tell us about it?
	Measures of Attention: Preferential Looking
•	<u>Measures of attention</u> : state of alertness or arousal focused on a specific aspect of environment.
•	Preferential Looking
•	2 stimuli are presented to the infant and if she stares at one longer than the other, the experimenter concludes she can
•	Special photographic techniques involving infrared lights and appropriate film.

Visual Preferences in Newborns

•	Infants spend more time looking at
•	Infants spend the most time looking at a drawing of a
•	Is this just preference for complexity?
•	Newborns and Human Faces Infants were shown blank shape, a proper face, or scrambled facial features.
	proper face and scrambled face have same
•	Infants looked more intensely at the
	Use of Learning Principles to Study Infant Perception Habituation-Dishabituation Paradigm
•	Habituation refers to a in the strength of a response due to repetitive stimulation.
•	Dishabituation is a after a new stimulus appears.
•	The habituation-dishabituation sequence is used to explore whether infants can perceive differences between stimuli.
	Operant Conditioning
•	Operant conditioning is a form of learning in which a behavior is followed by a stimulus that changes the probability that the behavior will occur again.
•	A reinforcer is a stimulus that the occurrence of a response.
•	Operant conditioning allows researchers to determine what stimuli babies perceive and which ones they
•	Used a lot for exploring infant hearing:

DEVELOPMENT OF MEMORY: Ability to Store Information for Later Use

	s such as the memory task, the memory store involved, the t	on a whole hos
of factor	s such as the memory task, the memory store involved, the t	ype of memory involved.
•	DEVELOPMENT OF MEMORY	
Mem	nory Stores:	
•	Sensory Memory	
•	Short-term or Working memory	
•	Long-term Memory	
Diffe	erent Types Of Memory	
•	<u>Procedural</u>	
•	<u>Declarative</u>	
•	<u>Implicit</u>	
•	<u>Explicit</u>	
Meth	nods For Testing Memory	
•	Recognition	
•	Cued Recall	
•	Recall	
	MEMORY DEVELOPMENT IN INFANC	Y
During in	nfancy there are changes in both	information and
	MEMORY IN THE FIRST HALF-YEAR	
Recogni	tion Memory:	nduring large capacity,
biologica	al basis likely.	
	Recognition Memory	
Incomb	Fagen (1974): habituation with paired comparison procedur	·e

they were given a recognition memory test via paired comparison procedure after delays of 3 hours to 14 days.

<u>results</u> =

INFANCY: RECOGNITION MEMORY **Decasper & Spence (1986): "The Cat in the Hat Study"**

- Women read aloud a passage from the "The Cat In The Hat" twice a day during the last six weeks of pregnancy.
- 2-3 days after birth the infants listened to either the same passage or a new story while outfitted with a special pacifier that recorded the rate of sucking.

•	Infants modified their rate of sucking to listen to "The Cat In The Hat," but not the new story
	Suggesting that

Rovee-Collier (1985, 1989, 1993): Conjugate Reinforcement Procedure

Cued Recall

- Baseline measure: ribbon connected to infant's ankle to an empty mobile stand spontaneous kicking.
- 2 training sessions with ribbon connected to ankle and mobile.
- <u>Immediate retention test</u>: 3 minutes after training session.
- Long-term memory: 1 to 42 day delay
 - Compare number of kicks after immediate retention test and the long-term delay.

2-4 month old infants have demonstrated memory for this task after delays ______.

- Rovee-Collier and associates have demonstrated that the ______ of LTM increases dramatically in the first year of life.
- 6-12 month olds learn to press a lever to move a train around a circular track.

Early Memories Are Highly Context Dependent: Rovee-Collier (1985)

- 3 month old infants
- Cribs were lined w/ a _____
- After 7-day delay
 - infants who had same crib liners demonstrated ______.
 - those infants whose crib liners were change demonstrated _____
- Why is young infant memory so context dependent?

Newborn Imitation

- Babies sometimes mimic gestures made by others who are within sight.
 - Sticking tongue out of mouth
 - Moving head side to side

MEMORY IN THE SECOND HALF-YEAR

- **<u>Deferred imitation</u>** has been used to study LTM
- Both the complexity of actions baby can remember and the length of time they can remember increases with age.

•	11 mos olds for up to
•	16 mos olds up to

Can infants add and subtract?

- Show the baby the same array many times.
- Show the array with an element missing (shown).
 - or one added

•	indicates	that	her ex	xpectations	were	violat	ed

INFORMATION PROCESSING APPROACH TO COGNITIVE DEVELOPMENT

- What is responsible for cognitive development?
- Increase in processing efficiency.
- Acquisition of cognitive skills.

Types of skills/processes that develop/improve:

- ↑ use of strategies with age because:
 - o direct teaching in school
 - o <u>indirect learning</u>
 - o Metamemory
 - o general knowledge of the world
- ↑ in memory span or working memory:

DEVELOPMENTAL CHANGES IN RECALL

•	Memory span: we see an increase in memory span with age Why?
	■ The hardware (physical capacity of working memory) does not ↑, but instead ability to employ
	• children < 7 yrs are information to make it more meaningful.
	• children < 7 yrs have they <u>overestimate ability</u> .
	• <u>↑ operational efficiency</u>
	Speed of Information Processing
•	Response times decrease from 7 - 12 years of age. Consistent across several different types of tasks.
•	This may be due to the biological maturation of the brain Increased Pruning of neurons & dendrites
	- Fruining of fleurons & defidities
	DEVELOPMENTAL CHANGES IN RECALL
•	<u>Delayed Recall</u> : clear developmental trend between age and amt. of info. accurately recalled.
•	Age 8 yrs and older - free recall is more accurate & greater amount.
•	Younger Children's poor recall performance may not be memory based:
	 <u>Retrieval based</u> -
	■ <u>Egocentrism</u>
	Same experimenter that was present during encoding is asking the child to recall - problem?

Serial Position Effect Ornstein, Naus, & Liberty (1975): developmental trend in the serial position effect

•	Looked at serial position effect in 3 rd , 6 th , and 8 th graders
•	<u>primacy effect</u> - 6th or 8th graders demonstrate better memory for words at the beginning of the list than 3rd graders.
•	for 3rd graders – Why?
•	The problem is that 3rd graders
•	Ornstein wanted to see if they at least 3 words at a time if they could improve recall.
•	They carried the through the list, but no others.
	Memory Strategies
•	Older children are more likely to employ self-generated strategies of encoding & retrieval
	 rehearsal organization elaboration – 1 of the latest strategies to appear
•	Children 7 yrs and older will initiate some activity to improve recall.
•	10-11 y.o.'s do this automatically, < 7 yrs don't
•	METAMEMORY Metamemory -
	Flavell, Friedrichs, and Hoyt (1970)
•	1 st trial child was shown one picture.
•	On each subsequent trial the # of pictures increased, to a maximum of 10.
	First phase of the experiment: metamemory

Results:

Second phase: recall test

INFANTILE AMNESIA Hypotheses for why this occurs

- **Recovery Failure**:
- Early memories are poorly encoded
- Language development and Sense of Self
- **Brain Development** immature CNS results in inability to lay down memories that will be retrievable years later.
- **Events can be stored in two different kinds of memory systems:**
 - implicit memory system
 - explicit memory system

Piaget's Theory of Mind Stages of Development

•	Each stage is	different from others
•	Ages for stage transitions are	
•	Child is	_ in his/her development.
•	<u>Interactionist</u> position on cognitive development	
	SENSORY MOTOR ST PIAGET'S VIEW OF THE DEVELOPME	· • •
•	Piaget argued that newborns have no concept of actively constructed during the first two years of l	• •
•	Object permanence: understanding that objects even when they disappear from site.	
	 Requires the internal representation of object 	ects.
•	When a child has a mature understanding of object	ct permanence she is ready to move on to

IMPOSSIBLE EVENT & OBJECT PERMANENCE

Impossible Event: The Infant as Intuitive Physicist

- Infants look longer at objects that seem to violate physical laws than those that do not.
 - Surprise indicates that their expectations were violated.

Conservation of Number

Two identical rows of pennies

"Do the two rows have the same number of pennies?"

One row is rearranged

They must know what is physically plausible for this to occur.

PREOPERATIONAL STAGE (2-7 YRS)

•	Semiotic function: ability to use a	to stand for something else.
•	<u>Conservation</u> : knowing that group of objects aren't change by changes in their appearance.	of an object or
•	Centration: tendency to center attention onsituation and to ignore other task relevant features.	of
	How does this change with age?	
•	<u>Decentration</u> - more balanced, complete attention to whole situa all perceptual data	tion, attend to and account for
•	Must not only notice characteristics but consider	
	■ <u>compensation</u>	
	 reversibility 	
•	A child's ability perform these tasks signals the beginning of _	
•	 Conservation of Substance Two identical balls of clay One is deformed "Do the two pieces have the same amount of clay?" 	

Modification of Conservation Task Rose & Blank (1974)

•	One question/judgment condition:	
•	Two question/judgment condition:	
•	Results: children age 6.3 years made fewer errors in the one-judgment cond	lition than in the
•	Conclusion: Reasoned that 2 judgment condition is taken as a	by the child
	that she/he should	
•	Modification of Conservation Task Siegal (1988) found conservation in 4, 5, & 6 year olds using the one quest Siegal: Puppet failed to conserve all children, including 4 year olds, chose	ion task.
•	Siegal: Found conservation in children as young as age when in a a puppet accidentally spread out the coins.	
•	Cardinal principle of counting:	
	4-year olds sometimes seem to of their counting is consistent with their judgment.	so that the result

ADULTHOOD & OLD AGE

CONFOUNDING VARIABLES IN RESEARCH ON MEMORY & AGING

• When confounding variables are controlled for some age differences still exists.

MEMORY IN ELDERLY PEOPLE

- How does memory change with age?
- It depends . . .

Working Memory

- It depends on the nature of the task:
 - Simple straight forward task (e.g., digit span)
 - **Complex tasks** (e.g., mental arithmetic)

MEMORY IN ELDERLY PEOPLE **Long Term Memory**

- **Recognition Memory**
- **Implicit Memory Tasks:**
- **Recall/Explicit Memory:**
 - For many tasks we do see a decline in recall
 - Wide variation in performance of elderly on Recall Tasks
 - Verbal Ability
 - Cultural Stereotypes of Aging

What is responsible for memory impairment associated with the Normal aging process?

- **Decrease** in the ability to inhibit irrelevant meaning =
- John went to the bank to withdraw \$50
- Hasher & Zack (1988): Garden Path Stories.
- **Use Memory Strategies and Metamemory Less Effectively:**
- Book suggests that numerous studies conclude that elderly and young adults report using same strategies, but McEvoy and others have shown differently.
- Reduced Processing Resources & Cognitive Slowing
- Less confidence in memory abilities
- Cultural Stereotypes regarding aging & memory.

How Good is Your Memory?

Older people are consistently less confident of their memory than younger people.

Intelligence and Age

- Measures of fluid intelligence decline steadily through middle and late adulthood.
 - Inductive reasoning
 - Spatial ability
- Measures of crystallized intelligence remain stable into the 70's
 - Verbal ability
 - Numeric ability