

DEP 4053  
Developmental Psychology

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## **CHAPTER 14: SOCIAL AND EMOTIONAL DEVELOPMENT IN ADOLESCENCE**

### **How Stormy Is Adolescence?**

- It now appears that conflict with parents varies across:
  - age
  
  - issue
  
  - Individual
  
- Adolescents report considerable inner turmoil.

### **A Cross-Cultural Perspective on Adolescence**

- What is responsible for adolescents' inner turmoil?

## Changes in Self-Concept From Middle School to Adolescence

- Self-concepts become more differentiated.
- Self-concepts become more individuated.
- Increasingly concerned with their place and manner of interacting in the social network.
- View themselves as self-reflective.
- View the self as a coherent system made up of diverse but integrated parts.

## The Declining Fragility of the Self

- **The feeling the self is fragile is linked to several other beliefs and behaviors:**

- **In time the sense of self becomes more firmly established, through:**

## Identity Formation

- Identity Formation includes

## Individual Differences in Identity Formation

James Marcia identified 4 categories of **identity status**:

- diffusion:
- foreclosure:
- moratorium:
- achievement:

## PEER RELATIONSHIPS

- Adolescents have a greater capacity or desire for:
  - Mutual understanding
  - Self-disclosure
  - Intimacy

### Changes in the Nature of Peer Groups

- Cliques
- Crowds
- Cliques and Crowds
  - The importance of these groups increases
  - By late adolescence (senior year),

- The relative influence of peers and parents changes over the course of adolescence:
  - Peer influence increases in
  
  - Degree of conformity is related to Status
    - What status level demonstrates the highest level of conformity?
  
  - Peers and parents tend to influence different areas of adolescents' lives.
  
  - Parental influence remains strong into adulthood.

### **Dating & Sexual Activity**

- Few adolescents begin dating before they participate in crowds.
- Fewer than \_\_\_\_\_ date before age 12.
- \_\_\_\_\_ are dating by age 16.
- By 12<sup>th</sup> grade, emotional intimacy in male-female relationships surpasses that of same-sex relationships.
- Teen sexual activity has increased in the U.S. in recent decades, but the size of the increase is not clear.
- There are \_\_\_\_\_ differences in rates of sexual activity.
- When adolescents start to date, they often become more \_\_\_\_\_ to increase their attractiveness to the opposite sex.

## FAMILY RELATIONSHIPS IN ADOLESCENCE

Parents can directly support development by:

### Parenting Patterns & Adolescent Development

- Adolescents who received warm, authoritative parenting tend to:

### The Impact of Divorce

COVERED IN PRESENTATIONS – COVERED IN PRESENTATIONS NOT IN LECTURE

### Adolescents at School

- Peer culture at school rewards \_\_\_\_\_ far more than \_\_\_\_\_.
- Grades decline during adolescence.
- Adolescents differ in beliefs about what factors contribute to academic achievement.
- Girls are often socialized away from *instrumental competence* (ability to accomplish things):

## Teenage Aggression

- Dateline 4/9/02: Experiment examined the relationship between rejection by peers and aggression.
- Groups:
  - Control Group =
  - Experimental Group =
- DV:
- Results:

## PROBLEMS OF DEVELOPMENT

- Depression
  - Depression is the most common psychological problem of the teenage years.
  - About \_\_\_\_\_ of teenagers experience mild to moderate depression.
  - About \_\_\_\_\_ have experienced one or more major depressive episodes (a rate comparable to that of adults).
  - From \_\_\_\_\_ are chronically depressed.
  - Severe depression occurs twice as often in \_\_\_\_\_.

## Suicide

- Factors Related to Adolescent Suicide
  - The suicide rate increases over the life span. It is the \_\_\_\_\_ leading cause of death among young people.
  - The number of boys who kill themselves exceeds the number of girls by \_\_\_\_\_
  - Girls make more \_\_\_\_\_ and use methods with a greater likelihood of revival.

### Factors Related to Suicide cont.

- Nonwhite ethnic minority teenagers have slightly \_\_\_\_\_ suicide rates, perhaps due to higher levels of support through extended families.
- Suicide tends to occur in two types of young people.
  - Individuals who are \_\_\_\_\_ but solitary, withdrawn, and unable to meet their own standards or those of important people in their lives.
  - Individuals who display \_\_\_\_\_. They turn their anger and disappointment inward, and are hostile and destructive toward others.
- Improved ability to plan ahead is involved in a higher rate of suicide during adolescence as compared to school-age children.
- Prevention and Treatment
  - Parents and teachers need to be trained in the warning signs of suicide.
  - Interventions include medication, therapy, and, sometimes, hospitalization.
  - Teenage suicides often take place in clusters.

### Delinquency

- Juvenile delinquents are children or adolescents who engage in illegal acts.
- Young people under the age of 21 account for about \_\_\_\_\_ of police arrests in the United States.
- Most of the time, adolescents do not commit major crimes; they engage in petty stealing, disorderly conduct, and acts that are only illegal for minors.
- Delinquency \_\_\_\_\_ over the early teenage years, remains high during middle adolescence, and then \_\_\_\_\_ into young adulthood.

- About \_\_\_\_\_ of violent crimes and \_\_\_\_\_ of property crimes are committed by adolescents.
  
- Factors Related to Delinquency
  - About three to eight times as many boys as girls commit major crimes.
  - Tendency to arrest, charge, and punish low-SES, ethnic minority youths more often than their higher-SES white and Asian counterparts.
  - Difficult temperament, low intelligence, poor school performance, peer rejection in childhood, and entry into antisocial peer groups
  - Family environments that are low in warmth, high in conflict, and characterized by lax and inconsistent discipline.
  - Bonds with antisocial friends sustain delinquent behavior while providing relief from loneliness.
  - Students enrolled in schools with large classes, poor quality instruction, and rigid rules show higher rates of lawbreaking.

**THE END**