CHAPTER 14:
SOCIAL AND EMOTIONAL DEVELOPMENT IN ADOLESCENCE

How Stormy Is Adolescence?

- It now appears that conflict with parents varies across:
  - age
  - issue
  - Individual

- Adolescents report considerable inner turmoil.

A Cross-Cultural Perspective on Adolescence

- What is responsible for adolescents’ inner turmoil?
Changes in Self-Concept From Middle School to Adolescence

- Self-concepts become more differentiated.
- Self-concepts become more individuated.
- Increasingly concerned with their place and manner of interacting in the social network.
- View themselves as self-reflective.
- View the self as a coherent system made up of diverse but integrated parts.

The Declining Fragility of the Self

- The feeling the self is fragile is linked to several other beliefs and behaviors:

In time the sense of self becomes more firmly established, through:

Identity Formation

- Identity Formation includes
Individual Differences in Identity Formation

James Marcia identified 4 categories of identity status:

- **diffusion:**
- **foreclosure:**
- **moratorium:**
- **achievement:**

PEER RELATIONSHIPS

Adolescents have a greater capacity or desire for:
- Mutual understanding
- Self-disclosure
- Intimacy

Changes in the Nature of Peer Groups

- **Cliques**
- **Crowds**

- **Cliques and Crowds**
  - The importance of these groups increases

- By late adolescence (senior year),
The relative influence of peers and parents changes over the course of adolescence:

- Peer influence increases in

Degree of conformity is related to Status
- What status level demonstrates the highest level of conformity?

Peers and parents tend to influence different areas of adolescents’ lives.

Parental influence remains strong into adulthood.

**Dating & Sexual Activity**

- Few adolescents begin dating before they participate in crowds.
- Fewer than _____________ date before age 12.
- _____________ are dating by age 16.
- By 12th grade, emotional intimacy in male-female relationships surpasses that of same-sex relationships.
- Teen sexual activity has increased in the U.S. in recent decades, but the size of the increase is not clear.
- There are _________________ differences in rates of sexual activity.
- When adolescents start to date, they often become more _______________ to increase their attractiveness to the opposite sex.
FAMILY RELATIONSHIPS IN ADOLESCENCE

Parents can directly support development by:

Parenting Patterns & Adolescent Development

- Adolescents who received warm, authoritative parenting tend to:

The Impact of Divorce

COVERED IN PRESENTATIONS – COVERED IN PRESENTATIONS NOT IN LECTURE

Adolescents at School

- Peer culture at school rewards _________________________________ far more than _________________________________.
- Grades decline during adolescence.
- Adolescents differ in beliefs about what factors contribute to academic achievement.
- Girls are often socialized away from *instrumental competence* (ability to accomplish things):
Teenage Aggression

- Dateline 4/9/02: Experiment examined the relationship between rejection by peers and aggression.

- Groups:
  - Control Group =
  - Experimental Group =

- DV:

- Results:

PROBLEMS OF DEVELOPMENT

- Depression
  - Depression is the most common psychological problem of the teenage years.
  - About _____________ of teenagers experience mild to moderate depression.
  - About ________________ have experienced one or more major depressive episodes (a rate comparable to that of adults).
  - From _____________ are chronically depressed.
  - Severe depression occurs twice as often in _____________________.

Suicide

- Factors Related to Adolescent Suicide
  - The suicide rate increases over the life span. It is the _____________ leading cause of death among young people.
  - The number of boys who kill themselves exceeds the number of girls by ____________________
  - Girls make more ____________________ and use methods with a greater likelihood of revival.
Factors Related to Suicide cont.

- Nonwhite ethnic minority teenagers have slightly _______________ suicide rates, perhaps due to higher levels of support through extended families.

- Suicide tends to occur in two types of young people.
  - Individuals who are _____________________________ but solitary, withdrawn, and unable to meet their own standards or those of important people in their lives.
  - Individuals who display ___________________________. They turn their anger and disappointment inward, and are hostile and destructive toward others.

- Improved ability to plan ahead is involved in a higher rate of suicide during adolescence as compared to school-age children.

- Prevention and Treatment
  - Parents and teachers need to be trained in the warning signs of suicide.
  - Interventions include medication, therapy, and, sometimes, hospitalization.
  - Teenage suicides often take place in clusters.

Delinquency

- Juvenile delinquents are children or adolescents who engage in illegal acts.

- Young people under the age of 21 account for about _______________ of police arrests in the United States.

- Most of the time, adolescents do not commit major crimes; they engage in petty stealing, disorderly conduct, and acts that are only illegal for minors.

- Delinquency __________________________ over the early teenage years, remains high during middle adolescence, and then __________________________ into young adulthood.
About ________ of violent crimes and ______________ of property crimes are committed by adolescents.

Factors Related to Delinquency

- About three to eight times as many boys as girls commit major crimes.
- Tendency to arrest, charge, and punish low-SES, ethnic minority youths more often than their higher-SES white and Asian counterparts.
- Difficult temperament, low intelligence, poor school performance, peer rejection in childhood, and entry into antisocial peer groups.
- Family environments that are low in warmth, high in conflict, and characterized by lax and inconsistent discipline.
- Bonds with antisocial friends sustain delinquent behavior while providing relief from loneliness.
- Students enrolled in schools with large classes, poor quality instruction, and rigid rules show higher rates of lawbreaking.

THE END